

NEWSLETTER

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Client's Corner

Pure Life Wellness Centre

Massage | Craniosacral Therapy | Reflexology
Psychological Counselling | EMDR | Reiki | Facials

Veronica started her training as a massage therapist in 2011, where she quickly developed a passion for preventative healthcare. She has been practicing as an RMT for 9 years now. Over the years, she has taken a variety of courses and specialized in craniosacral therapy so that she can provide the best care possible to her clients. In May 2021 she decided it was time to open her own practice & provide more resources to the community by opening up a wellness centre in Grimshaw.

Pure Life Wellness Centre provides a myriad of health services in one convenient location. Her team has come together to provide the community with massage therapy, craniosacral therapy, psychological counselling, reflexology, reiki, foot care & spa services. They work together to improve lives by providing services, resources & tools to strengthen overall health and well-being. "We want to ensure our clients leave our office feeling their best." In the coming year, they have exciting plans to bring many more valuable health and wellness resources and services to our community.

See their website for more information: <https://purelifewellness.janeapp.com/>



PURE LIFE
WELLNESS CENTRE



Lunch & Learn

SEPTEMBER LUNCH & LEARN
THURSDAY, SEPT. 22 - 11:30AM-1PM



BUSINESS MODEL CANVAS: MASTER YOUR BUSINESS MODEL

The Business Model Canvas (BMC) is a one-page visual plan that can be used to assess and streamline a new business idea or re-work a current business offering. The tool helps you visualize each element of your business operations to see how everything connects. This hands-on session will teach you:

- How to use this tool to describe, design, challenge, invent, or pivot your business model
- Definitions and applications for each of the nine sections
- How Business Link Strategists can support you with your Business Model Canvas and other planning resources

Please note: this is a 90-minute workshop

Presented by David Bayda & Carol Webster



**Pre-register by clicking the
link, or by visiting:
www.cfpeacecountry.com**

[Register Here](#)

Upcoming Events

Small Business Week October 17 - 21, 2022

Hug an Entrepreneur Day (Wednesday)

Look for us in Spirit River & Rycroft as we visit local businesses and hand out treats and “safe distance” hugs!

Lunch & Learns (Tuesday & Thursday)

More details to come!

Retro theme Dinner & Dance (Friday)

In partnership with the Peace River & District Chamber of Commerce, we will be celebrating businesses in our community.

See their website for more information: [peaceriverchamber.com](https://www.peaceriverchamber.com)



More Events and Details to be Posted - Watch for our next newsletter and our Facebook page!



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Click to view our
Facebook page!

About Us!

Community Futures Peace Country is a community driven, non-profit organization staffed by business professionals and guided by a volunteer Board of Directors. We provide a wide range of small business services and business management tools for people wanting to start, expand, franchise or sell a business. We also run a number of specialized business programs, organize exciting business events, and actively work with community and business leaders to foster rural economic growth.

Supported in Alberta by Prairies Economic Development Canada, Community Futures has been supporting small business and rural economic diversification since 1986. Community Futures has established 90 Community Futures organizations throughout rural Western Canada, including 27 offices in Alberta.

Given the importance of small business to Canada's changing economy, one of the primary focuses of the CFs is to foster entrepreneurial development by providing both financial and technical support to new and existing small businesses.

Stay up to date on upcoming programs, news and events!

*Growing communities
one idea at a time.*

Board of Directors Opportunity

If you are a forward-thinking, value-oriented and have a passion for leadership, community development, and entrepreneurship, a Board of Director position with Community Futures Peace Country is for you.

Board Directors have diverse skills and backgrounds and are made up of community champions and professionals from within the communities they live. Board Directors are responsible for setting the strategic direction of the organization and act as a resource for staff

Positions Available:

Sub Region 3 - Rycroft / Spirit River

Sub Region 5 - Fairview

Sub Region 7 - Valleyview



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